

**MIX UPS - Scales For The Mind**

*Short- vowel practice with ck blends*

_____	at the last	nick
_____	it can help get a van up	pick
_____	to hang it up on	lack
_____	to put it in	sack
_____	to pin it on or up	kick
_____	if a hen picks it up and hits at it	tack
_____	hit, but not as if a hand did it	rack
_____	a cut, but not big	sick
_____	if it is not, and kids miss it	back
_____	put stuff in a bag	sock
_____	if a kid is ill and has no pep	Jack
_____	it has a nest,wings, and pecks	rock
_____	get it	buck
_____	a big hit	pack
_____	a not so big bug on a dog	wick
_____	jump and kick a lot	pick
_____	it can get lit up	duck
_____	a bit of land	tick

**Short- vowel practice with nk blends**

_____	a pink pig	sunk
_____	if it is not up on top	sank
_____	to put gas in	ink
_____	to get a tug fast	bunk
_____	is in a pen	sink
_____	if it is not, a gap is	bank
_____	to put on if it is not hot	honk
_____	sank, but not yet	tank
_____	gab, gab of a bus or van	junk
_____	a bed and a bed on top	yank
_____	dip a bun in milk	mink
_____	a gob and a big mess of it	hunk
_____	a mess of odds and ends	link
_____	sank, not on top	dunk

**Short- vowel practice with st blends**

_____	the hand, if it has a lot	zest
_____	stuff mom has to get	fist
_____	if it is not, and kids miss it	west
_____	to rub and pass a rag on stuff	test
_____	if God tells it and it is OK	dust
_____	if it is not up to us	rest
_____	red rot, dust and must get it off	vest
_____	a nap or just sit	past
_____	a lot of pep, and not to lag and sit	list
_____	at the end	must
_____	had,sat, did, got, but not will and is	lost
_____	the sum of yum yum and wit	pest
_____	a gull's bed and it has eggs in it	nest
_____	a bug and a buzz buzz	last
_____	to sit or nap	just
_____	wit in ink	rest
_____	dad will put it on	rust
_____	the spot the sun sets in	best
_____	pep, zip, and zing	fast

**Short- vowel practice with mp blends**

_____	mom, dad, and kids in a tent	pump
_____	wet, but not a lot	camp
_____	a jug, lit up	romp
_____	to run up and get in	limp
_____	dip on a leg and cannot run a lot	damp
_____	hop, jump, tug, and run	jump
_____	a lump or a hill, but it is not big	lamp
_____	a big hop and run up and dunk	bump
_____	to get it up	ramp

**Short- vowel practice with nt blends**

_____	a bug. It can be red, but it is not big	runt
_____	if a dog runs fast and huffs and puffs	ant
_____	if it has to get fixed	mint
_____	has a big pit in it	dent
_____	to get, but not for long	pant
_____	went, but it had help	hunt
_____	a hut at camp	sent
_____	a gap in the tin	hint
_____	if a kid left	bent
_____	to tell, but not a lot	lint
_____	not big just a dot, but a mess	rent
_____	the hot in gum	vent
_____	to go get it	went
_____	it is not, not big	tent

*Short- vowel practice with nd blends*

_____	it is on a map	bond
_____	rocks, but not big	sand
_____	to help, fix and pat, but not hit	mend
_____	at the last	pond
_____	if a kid has to pick up a pup	land
_____	to stick up for a kid not big	send
_____	a big, big wet pit	hand
_____	to fix it	end
_____	help a kid get to camp	fend
_____	it will stick to it	bend

**Short- vowel practice with ng blends**

_____	it will get a duck up	sung
_____	a lot of kids	ring
_____	it did hang	gang
_____	if the bell did ring	zing
_____	it the kids did sing	wing
_____	it can go with pong	song
_____	a bell did it	hung
_____	a fast zip zip	sung
_____	a cell tel can do it	rang
_____	it can go with ping	sang
_____	it did not get cut	ding
_____	kids can sing it	pong
_____	if the bell rang	long
_____	if the kids sang a song	rung

**Short- vowel practice with miscellaneous blends**

_____	it got hot, hot is not	silk
_____	so pants will not sag	help
_____	not with us	milk
_____	kids can sit on it in a pond	melt
_____	a lock can go on it	belt
_____	lend a hand to a pal	left
_____	is to dunk a bun in	raft
_____	is soft cloth in a mom's dress	hasp

**Short- vowel practice with r blends**

_____	a lot of big gab gab	drink
_____	a kid with sass	craft
_____	if it is on a wet spot a kid can step on it to cross mud	cross
_____	men can lock a man up in it	crock
_____	the tip of a hat, but not at the top	brag
_____	the top of a hill	brat
_____	a rip in stiff stuff	crib
_____	a big jug and it has a lid	crab
_____	a fun skill	cram
_____	a wind, but not big	brick
_____	it went, but not fast	crisp
_____	a bed a tot slept in	brig
_____	if it is_____, it will crack and snap	brim
_____	mad gab gab	crept
_____	to put a lot of stuff in a spot not big	crest
_____	an X is on it	crack
_____	kids can sip it	draft

**More short- vowel practice with r blend**

_____	not a lot of fun	print
_____	gets a big bang, bang	grunt
_____	a lass can put it on	grass
_____	if it is not fun and it sags	frock
_____	if it fell on the rug	grip
_____	a wet drop, drop, drop	grump
_____	a sled can go fast on it	drab
_____	a sad fuss, fuss	grand
_____	a dress when grand mom was a lass	grasp
_____	it can hop a lot	drum
_____	it is to sit, run and jump on	grab
_____	it has sand stuff on it	dress
_____	to get it fast, fast	drag
_____	a sad and mad kid, mom, or dad	grit
_____	big and slick	drop
_____	if a kid has it in his hand	drip
_____	get it in the hand and not let it go	frost
_____	pig's gab gab	fret
_____	kids get a pen and do it	frog

**More short -vowel practice with r blends**

_____	went on a raft, but not with wind	truck
_____	lips went back as if a kid is glad	trip
_____	a big box to put stuff in	tromp
_____	got it and it cannot get past	trust
_____	cut, but not a lot	trot
_____	to step on it a lot, stomp	drift
_____	a fun gag	grin
_____	a kid, mom, or dad can run on it	trunk
_____	if a dog jogs	trick
_____	glad God will do his job	trap
_____	went, but not for long	track
_____	a big van to lug a lot of stuff in	trim

**Short- vowel practice with I Blends**

**(bl, cl, fl, gl, pl, sl)**

_____	gab, gab, gab	clock
_____	not a dot on it	clan
_____	mix it up	blob
_____	glad God did it	club
_____	a big pop, and a lot of wind	cling
_____	glad fun	clod
_____	a tot can get ten and stack ten up	blab
_____	a lot of gas is in it and it can go up	clap
_____	a mess of ick	clip
_____	slap the hand on the hand	blank
_____	a lot of kin	blimp
_____	cut, but not much	blend
_____	hang on	bless
_____	a hunk of stuff but not a lot	block
_____	a big gang of kids; or a big stick	bliss
_____	it tells a kid when to get in bed	blast

**More short- vowel practice with l blends**

_____	a hen's gab, gab	slam
_____	it has a big gang of kids in it	plus
_____	it can flap in the wind	slob
_____	jump and twist quick	plug
_____	no hills, lumps or bumps	plant
_____	went fast, ran	cluck
_____	not mad	glob
_____	a drink can go in it	class
_____	it did not pass the test	plan
_____	a big mess of it	plump
_____	wit on a pad	pluck
_____	it can get buds and it is in a pot	flunk
_____	fat, but not a lot	lag
_____	to pick it off; or grasp at it	glass
_____	it helps a lamp get lit up	flip
_____	if a kid adds it up and gets a sum	glad
_____	a blop	fled
_____	shut with a bang	flat

**More short- vowel practice with I blends**

_____	if stuff sits at a tip	slim
_____	it can go fast in frost and it is fun	slop
_____	if it is wet and a kid can slip	slant
_____	a bit of a gap	slept
_____	sit or stand in a bend and sag	sled
_____	a big hit in the ribs	slick
_____	a tot did it in a crib	slump
_____	a big mess of ick	slit
_____	trim, not plump	slug

**Short- vowel practice with s blends**  
(sc, sk, sm, sp, squ, st, sw)

_____	if a kid is in an act, a kid must have it	sniff
_____	is just a bit of it	skin
_____	stiff skin on a cut	spank
_____	a big trick, but it is not fun	smack
_____	to put it on a disk	scrap
_____	to get back	snug
_____	it is on us	script
_____	if kids put on an act for us	scab
_____	can do a grand job of it	smock
_____	it has a big stink	scam
_____	quick jog and hop	snap
_____	a slap	scan
_____	put it on so mud will not get on a dress	skunk
_____	if it fits, but a bit much	scat
_____	is a click, click	skip
_____	fast smell, smell	skit
_____	if a kid is bad and mom is mad	skill

**More short- vowel practice with s blends**

_____	mad fuss, fuss	stop
_____	if a kid is to get it, and it has a cost	stunk
_____	a dot, but big	stag
_____	a dot or bit of lint or stuff	still
_____	give a big bit of it to a pal	spat
_____	kids can dot it in ink	stink
_____	if it is not in the glass, but on the rug	spend
_____	a top can do it	stick
_____	spin, but it did	spot
_____	zest and wit	speck
_____	wet huff and puff	stand
_____	if the skunk stank	split
_____	stuff on top of stuff	spell
_____	get up and do not sit	spunk
_____	a pin will do it	spill
_____	at rest	spin
_____	ick in the wind	stack
_____	quit	spit
_____	a big elk	spun

**More short- vowel practice with s blends**

_____	odds and ends and junk	mask
_____	not soft	swift
_____	if a kid is buff; or tuff in wit	bask
_____	if it got hit	stuff
_____	a trick; or bad act	desk
_____	it held stuff on	stiff
_____	kids can sit on it and go up on it	task
_____	a bud sits on it	strong
_____	it will go fast	risk
_____	glad and grand	struck
_____	kids can sit in it and rock	stunt
_____	a kid can sit at it	stem
_____	a big bet, but it is not OK	swing
_____	put on for a trick	strap
_____	a job	step
_____	sit in the sun	swell

**Short -vowel practice with tw, wh, qu blends**

_____	a bent stick on a big plant	quilt
_____	a kid must do it to get a cap off	when
_____	to get a smell, but not a lot	quick
_____	just a dot or a bit	twig
_____	a big hit	quit
_____	a big hit or cut	twist
_____	a clock can tell it	quack
_____	a wish but not with wit	whiff
_____	stop	whit
_____	a duck's gab gab	whim
_____	to go fast and swift	wham
_____	mom will put it on a kid's bed if it is not hot	whack

**Short -vowel practice with sh blends**

_____	a big cut	fish
_____	it lit up quick and then went	gush
_____	it is hid in a spot	shock
_____	crush, and it is not	dish
_____	the best	shot
_____	a kid can put a bun and jam on it	gash
_____	if a kid's wit longs to do it	shop
_____	it is in a tank	flash
_____	fast gab and tell	shin
_____	if it got pink	stash
_____	a lot of big dents	smash
_____	a fish jumps up and plops back in the tank	shut
_____	the lips must do this if mom is mad	fresh
_____	a leg has it, and a kid will sob if it gets hit	wish
_____	a lass has to go to it to get a doll	shed
_____	a pup went to the vet and got it	crush
_____	if a plug bit and stung a kid	splash
_____	a hut in the back	blush

**Short- vowel practice with ch and th blends**

_____	fun gab, but not a lot	chin
_____	a lad or a man	bath
_____	the best at it	this
_____	cut it up in a lot of bits	chest
_____	a pal	thus
_____	a trunk to put stuff in	rich
_____	it will pass and it is OK	chat
_____	a hen's kid	thin
_____	a pup can kiss a kid on this spot	chap
_____	can spend much	that
_____	a lot	champ
_____	and so	chop
_____	next	chick
_____	slim not plump	chum
_____	not this	then
_____	not that	check
_____	kids and dogs get it in the tub	much

**Short-vowel practice with th blends**

_____	kids do it if they add ten plus six	cloth
_____	kids can skip, run, and jog on it	moth
_____	a bug with wings	path
_____	a kid can get clad in it	math

**Short- vowel practice with nch blends**

_____	a guess	drench
_____	it has hens and pigs	punch
_____	a big, big twig	inch
_____	mom gets it for the kids	bunch
_____	kids sit on it	pinch
_____	a big long pit	hunch
_____	ick, ick smell	cinch
_____	it got wet, wet, wet	ranch
_____	not big, as long as a big bug	branch
_____	a kid can do it fast and well	stench
_____	not a lot, just a bit	lunch
_____	a lot of stuff	bench